

The SPHM Simulation Challenge.

Copy and paste the link below to find out more about the Northwell Health SPHM Simulation Game.

<https://www.dropbox.com/s/74dsk575yp4jaoq/Northwell%20Health%20SPHM%20Simulation%20Challenge.MP4?dl=0>.



What is the SPHM Simulation Challenge?

It is a competition and educational activity consisting of clinical SPHM simulations (i.e., repositioning in bed, floor recovery after a fall, toilet transfer, etc.) that allow for techniques and discussions to be shared. It was developed in 2018 by Northwell Health's Workforce Safety Team. Northwell Health is the largest healthcare system in New York State.

What do you need for the SPHM Simulation Challenge?

- 1. Interdisciplinary Teams.** They can represent various units, departments or hospitals within your system who want to compete against one another in a friendly competition. Team members must be those with patient handling responsibilities.
- 2. SPHM technology.** This should include a variety of technology that is used across the mobility spectrum and that staff are familiar with (i.e., full mechanical lift, sit-to-stand, air-assist device, FRD, etc.).

3. Recognition and Rewards. Northwell Health provides each participant with a medal for participating and each team with an award plaque. There are also coveted trophies for 1st, 2nd, and 3rd place.

4. Patients. Northwell Health hires professional actors to play the role of patients. However, other staff not participating in a Team could also play the role of a patient.

How is the SPHM Simulation Challenge Organized?

1. Each team goes through four clinical patient handling simulations using case scenarios that are provided by the judges. This year, Northwell Health also added a new component, which included Virtual Reality (VR) simulation.

2. During each clinical case simulation, the teams are expected to:

- Assess the situation.
- Devise a plan as a team.
- Execute their plan.
- Receive feedback from the judges who directly observe them.

3. Judges review and score each team in three primary areas: (1) critical thinking skills, (2) interpersonal skills, and (3) technical skills.

Use the Northwell Health Model to create a fun and educational activity, or join in their competition by visiting the link at the top of this article.

Send photographs of your SPHM Simulation Activity to info@SPHMAwareness.com and we will add them to the website.